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## **Whitehall High School**

### Monday

**Grilled Cheese** Sandwich **Tomato Soup** Fresh Fruit Choice Of Milk

### Tuesday

**Beef Tacos** Soft Tortilla Salsa Street Style Corn **Choice Of Milk** 

### Wednesday

**Spicy Chicken Tenders Dipping Sauce Roasted Broccoli** Fresh Fruit Choice Of Milk

### Thursday

**Orange Chicken** With Basil **Brown Rice** Teriyaki Green **Beans Choice Of MIlk** 

### Friday

**Italian Dunkers** Roasted Chickpea Salad **Crunchy Carrots** Fresh Fruit Choice Of Milk

Pepperoni Pizza Carrots W/Ranch Dip Fresh Fruit Choice Of Milk

### **Alternates**

Daily: **Assorted Sandwiches** Chef's Salad

### Weekly:

Monday - Cheeseburger On A Bun **Tuesday - Chicken Patty** On A Bun Wednesday - BBQ Pork Sandwich Thursday- Stuffed Crust Pizza Friday - Breaded Fish Sandwich

### 10 Macaroni & Cheese Fresh Baked Roll **Broccoli** Fresh Fruit Choice Of Milk

WG Chicken **Tenders Dipping Sauce** Confetti Corn Garlic Knot **Choice Of Milk**  **Turkey Burger WG Roll Sweet Potato Waffle Fries** Fresh Fruit Choice Of Milk

**Beef Hot Dog Baked Beans** NY Apple **WG Cookie** Choice Of Milk

20

27

13

Spaghetti & Meatballs Zucchini **NY Apple WG** Cookie Choice Of MIlk 21

**Cheese Pizza Garden Salad** Fresh Fruit **Choice Of MIlk** 

NO SCHOOL

17

24

31

MARTIN LUTHER KING JR. DAY

**Peach BBQ** Chicken Corn Muffin **Roasted Carrots** Fresh NY Apple **Choice Of MIlk** 

Roasted Chicken

**Mashed Potatoes** 

Roasted Broccoli

Fresh Baked Roll

Fruit

Choice Of MIlk

18

25

Sandwiches Hashbrowns Fresh Fruit Choice Of MIlk

Breakfast

26

19

Chicken Parm Sandwich **Roasted Carrots** Fresh Fruit Choice Of Milk

Cheeseburger On WG Roll **Baked Fries** NY Apple Choice OF MIlk

Pepperoni Pizza **Three Bean Salad** Fresh Fruit Choice Of MIlk

### Pricing

All Meals will continue to be FREE for every student regardless of whether you qualify for a free meal for the remainder of the year.

> This institution is an equal opportunity provider

### Mozzarella Sticks Marinara Spinach Dip **Tostitos Scoops** Fresh Fruit Choice Of MIlk

**Grilled Cheese** Sandwich **Tomato Soup** Fresh Fruit **Choice Of Milk** 

# DID YOU KNOW?

Saxons called January the "Wolf Month" because hungry wolves would come into their towns searching for food this time of year.